

South Central Indiana School Trust

2025-26 Wellness Incentive: Annual Physical Exam

Guidelines

1. Employees and spouses enrolled in the SCIST group health plan are eligible for the 2025-2026 Wellness Incentive.
2. For employees and spouses that complete an Annual Physical Exam for 2025-2026 plan year, he/she will receive a \$150 incentive payment from the school corporation based on the schedule below:
3. Employee must be actively employed at the time of distribution for employee and spouse to be eligible for incentive.

<u>Annual Physicals</u>	<u>Date of Service</u>	<u>Submitted to HR Dept By</u>	<u>Paid By</u>
	11/1/25 – 4/30/26	5/11/26	5/29/26
	5/1/26 – 10/31/26	11/9/26	11/30/26

4. As required by law, taxes will be withheld from the incentive payment.
5. Employees and spouses can earn the 2025-2026 Wellness Incentive between November 1, 2025 – October 31, 2026.
6. For employees and spouses completing their Annual Physical Exam, they must have this form signed by a medical doctor, or nurse practitioner. Employees must submit completed forms to their Human Resources Department.

Employee/Spouse Information

Employee/Spouse Name	Date

Email Address	Phone Number

Annual Physical Exam Information

Physician Name	Telephone Number

Physician Group (if applicable)	Date of Exam

Signature of Primary Care Physician	Date

Benefits/HR Department Use Only:

Received by and date:
